



Elephant in The Room Q & A

Compadre High School
Fall 2019

This document can also be accessed at https://www.bloom365.org/faqs and <https://qrco.de/compadreeitr>

Resources:

For additional resources, please visit bloom365.com/resources

BLOOM365 Advocacy Line and Support Groups	<p>Text or call a BLOOM365 advocate for free, confidential support. Text/Call: 1-888-606-HOPE (4673) Advocacy Line Hours of Operation: Monday-Friday from 3PM-9PM (MST)</p> <p>To reach a specific advocate directly, please feel free to contact our advocacy line and tell us who you would like to speak to.</p> <p>Join us on Monday, Tuesday, and/or Thursday evenings for one of our drop-in support groups (Holidays excluded)! Visit bloom365.org/peersupport for specific dates and times.</p>
Teen Lifeline	Text or call 602-248-TEEN (8336) for free, confidential support 24/7 relating to suicide, depression, bullying, or relationships.
National Teen Dating Violence Hotline	Text "LOVEIS" to 22522 24/7
National Domestic Violence Hotline	1-800-799-SAFE (7233)
National Sexual Assault Hotline	1-800.656.HOPE (4673)

Suicide Prevention Lifeline

1-800-273-TALK (8255)

Q: Student

A: BLOOM365 Advocate

Q: Thank you, you guys were so helpful and interesting

A: You are very welcome! We hope that everything you learned in the Bloom It Up program is beneficial to you both now and in the future! We invite you to stay involved by joining our Peer Advocate Crew (PAC)! To get involved or learn more, you can email kathryn@bloom365.org or visit www.bloom365.org/volunteer.

Q: I've never felt comfortable talking about my past experiences until now.

A: Thank you for sharing with us! We are very glad to hear that you feel safe and comfortable to share your experiences after going through our Bloom It Up program. All are welcome at BLOOM365. If you'd like additional support or resources, please contact our Advocacy Line at the number above for free, confidential support.

Q: If my son's father was abusive to me, should I keep my son away from him?

A: You are the expert in your life, so only you can make that decision. If your son's father has been abusive to you, it might not be the best environment for your son. There are a number of root causes that we explored during Doses 3 and 4 for why someone might choose to use power and control over someone else. An important point to consider is that some people may be abusive to their partners because they were exposed to violence in their homes as a child and taught that this behavior was normal or okay. Your son could potentially be exposed to abuse, whether it's directed at you, your son, or someone else. You and your son's safety are the top priority. Remember, though, that even though these root causes may increase one's risk of becoming a perpetrator, everyone can make the deliberate choice to have relationships based on equality and freedom. You might also consider getting advice from a legal professional, considering a child is involved. If you'd like to discuss your situation further, please reach out to our Advocacy Line at the number above for free, confidential support. We are here for you!